



DEEP BLUE SEA
SWIM WITH DOLPHINS
AT ORLANDO'S
DISCOVERY COVE {page 13}

GOOD KIDS HARRY POTTER STARS AVOID CHILD ACTOR 'CURSE' {page 12}



OTTAWA

metro®

Wednesday, July 6,
2011

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News worth
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Coheed. Cambria



► Claudio Sanchez of the band Coheed and Cambria performs at the Cisco Ottawa Bluesfest yesterday. The Ottawa Bluesfest is ranked as one of the most successful music events in North America.

PATRICK DOYLE/OTTAWA BLUESFEST/THE CANADIAN PRESS

Artists leave Ottawa happy to have the blues

City to have voice on LRT project

► LRT project pegged at \$2.1 billion back in 2009 ► Accelerated schedule could see line completed in 2018



STEVE COLLINS
OTTAWA@METRONEWS.CA

If you've got something to say about the city's light rail project, next Thursday is your chance.

Mayor Jim Watson called a special council meeting to hear from the public at city hall on July 14 at 10 a.m.

Tomorrow, Watson is scheduled to release new LRT cost estimates and deliver a special address about the project. David Jeanes, president of Transport Action Canada, is registered to speak and he says he's looking forward to hearing the new estimates.

"We've been concerned about the costs and the affordability of the project and also the rather long

"It's the biggest project in the city's history, it has huge financial implications for our city for many, many years to come and ultimately, if this is a green light, we need to make sure that the public is in agreement with this project."

COUN. DIANE DEANS, TRANSIT COMMISSION CHAIR

timelines to get it done," he said.

Watson has said in the past there is a possibility city councillors will vote down the project if they find it unaffordable.



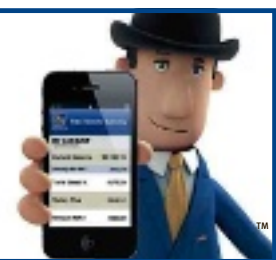
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Standing up for missing women

► **Activists march to put an end to violence against native women**



JOE LOFARO
@METRONEWS.CA

About 1,000 women marched downtown yesterday to raise awareness of the high rates of missing and murdered native women in Canada.

"Right now there are over 582 aboriginal women and girls missing or murdered, yet many Canadians are unaware," said Claudette Dumont-Smith, executive director of the Native Women's Association of Canada.

The march started at the Ottawa Convention Centre and continued down Wellington Street to Parliament Hill. Many of the marchers are in town for the 2011 Women's World Conference, which takes place this week at the Ottawa Convention Centre and the University of Ottawa.

Not forgotten

More than 582 aboriginal women and girls are missing in Canada, NWAC says. These are a few of them:

- **Maisy Odjick** has been missing since Sept. 6, 2008, from Maniwaki, Que. She was 16 at the time of her disappearance.
- **Shannon Alexander** has also not been seen since Sept. 6, 2008, in Maniwaki, Que. She was 17 at the time she went missing.
- **Pamela Holopainen** was last seen in Timmins, Ont., on Dec. 14, 2003. She was 22.
- **Bea Kwaronihawi Barnes** has been missing since Jan. 5, 2010, from the Chateaugay area of Quebec. She was 17.
- **Claudette Osborne** went missing on July 24, 2008, from Winnipeg. She was 22 when last seen.



► Women and male supporters march to Parliament Hill yesterday to raise awareness of missing and murdered native women in Canada. The Native Women's Association of Canada says poverty and lack of educational opportunities have a direct correlation to the high rates of violence against aboriginal women.

Pool worker overcome by fumes

A Boys and Girls Club employee was recovering in hospital yesterday after he was exposed to chlorine gas.

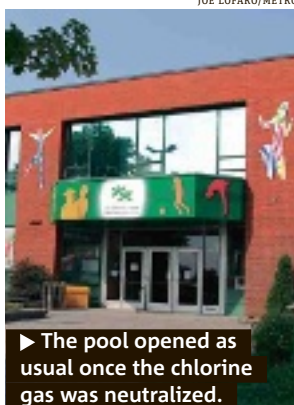
The employee accidentally mixed muriatic acid and chlorine, which created a noxious gas that filled the basement and lobby of the club and quickly injured his respiratory system, paramedics said.

"He was able to call 911 on his own," said Daniel

Brunette, acting director at the club on Dumaaurier Avenue in Ottawa's west end.

The employee was certified as a Level 1 and 2 pool operator a couple of weeks ago by the Canada Lifesaving Society, Brunette said.

Ottawa Fire haz-mat crews neutralized the chemicals and ventilated the area, and the pool opened as usual in the afternoon. ● **JESSICA SMITH**



► The pool opened as usual once the chlorine gas was neutralized.

News in brief

Rollover kills minivan driver

ACCIDENT. A 64-year-old man was killed when his minivan rolled over yesterday on Highway 417 near Kinburn Side Road. The driver was trapped in the vehicle, and he was declared dead at the scene. Ontario Provincial Police are investigating.

● **METRO**

Grow-ops weeded out

CRIME. More than \$1.6 million worth of marijuana was seized and two Ottawa men were charged with drug offences after police executed four search warrants on grow operations in Ottawa and Montague Township on June 28 and 29. A third man is also being sought in connection with the grow-ops.

● **METRO**

On the web at
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Thousands gather to honour the memory of a slain Ontario police officer.
Video at metronews.ca



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Paying tribute to a fallen officer

► **Const. Garrett Styles remembered as courageous, compassionate**
► **Premier, York police chief among those who spoke at funeral service**

The wife of fallen police officer Const. Garrett Styles told his funeral service yesterday she's "in pieces" after losing her first and only love.

Melissa Styles remained remarkably composed as she read a letter to her late husband during the service for the York Region officer, who died last week after being dragged and pinned under a minivan he had pulled over.

"We always told each other 'I love you to bits and pieces,' and that has never been more true," she said. "Right now I am in pieces, but I will put myself back together for our children because I know that was what you would want me to do."

After finishing the letter, which took her about two minutes to read, Melissa Styles received a standing ovation from the mourners who packed the

Teen charged

A 15-year-old boy faces first-degree murder charges in Styles' death.

- The teen charged in Styles' death, who was badly hurt in the incident, is slated to make his first court appearance tomorrow.
- If convicted, the boy could face a maximum sentence of life behind bars with no possibility of parole for 10 years.

2,960-seat arena north of Toronto. Hundreds of people watching on a massive screen outside wiped away tears as they listened to Styles' widow.

The couple's 10-week-old son Nolan was cradled by a family member in the audience while two-year-old daughter Meredith also attended the ceremony.

THE CANADIAN PRESS



► York Regional Police accompanied by Toronto-area police, OPP, and fire and emergency medical service workers line Yonge Street in Newmarket, Ont., during the funeral procession for Const. Garrett Styles yesterday. Styles died in the line of duty on June 28 in the town of East Gwillimbury.

Cdn. troops hand battlefield to U.S. forces

Canada's desert war effectively came to an end yesterday when soldiers of the Royal 22e Regiment formally handed over their battlefield to American units and began to take stock of years of bloody combat.

The country's legal command responsibility for the western Kandahar district of Panjwaii will continue for several days, but Brig. Gen. Dean Milner's headquarters will be directing U.S. combat units.

Almost all Canadian troops are now out of the killing fields of Kandahar, save for a handful of soldiers who will serve for perhaps a few more weeks, attached to American platoons.

Canada's role in Afghanistan has cost the lives of 157 soldiers, one diplomat and one journalist.

For more than five years, Canada has made war in the wasted farmland and dust-choked villages of this



► **Transfer of authority papers are signed yesterday.**

brutal, backward country. Yet rarely did those in authority use the W word to describe what happened here.

Politicians, diplomats and bureaucrats routinely shied away from describing it in comfortless terms, especially in the beginning when former defence minister Gordon O'Connor was chided for refusing to say the word "war."

"The lawyers will get all over it and say you can't call

it war, but that it's an armed conflict," Gen. Walt Natynczyk, the chief of defence staff, said in a recent interview with The Canadian Press. "For the young soldiers, sailors airmen and airwomen, it feels like war because someone is shooting at them."

Parliament ordered an end to the Canadian combat mission in southern Afghanistan back in 2008, setting July 2011 as the deadline. THE CANADIAN PRESS

Indian minister denies homophobic remark

India's health minister derided homosexuality as an unnatural "disease" from the West at an HIV/AIDS conference, drawing outrage yesterday from a UN

official and activists who said the comments set back campaigns for gay rights and against HIV. Ghulam Nabi Azad said he was misquoted. THE ASSOCIATED PRESS

Penguin mystery solved

It's a boy.

DNA results are back for the emperor penguin nicknamed Happy Feet

found on a New Zealand beach two weeks ago.

Wellington Zoo spokeswoman Kate Baker says the penguin's sex was identified from cells scraped from his feathers. Male and female emperor penguins outwardly appear identical.

THE ASSOCIATED PRESS

Man in hospital after vicious bear attack

Bleeding from severe lacerations and puncture wounds, his arm broken, Johnny Johnson walked nearly a kilometre to find help after a grizzly bear attack on

British Columbia's remote central coast Monday. He was in stable condition in Victoria General Hospital's intensive care unit yesterday. THE CANADIAN PRESS

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Bushman stalks couple before attacking them

► Papua New Guinean shot tourist by arrow, assaulted his girlfriend

A young couple who took a dip in a river in a remote part of Papua New Guinea are recovering from a harrowing attack by a tribesman who shot the man with arrows twice before attempting to sexually assault the woman.

Police in Papua New Guinea said the attacker is being sought, and a hospital official said the suspect previously has been impris-



► Matthew Scheurich

oned for rape. The couple have declined requests to speak to the media, but interviews by The Associated Press this week with the lo-

cal doctor who first treated the pair, along with other accounts from Papua New Guinea, are shedding new light on the rare attack near Nomad in the isolated North Fly District.

Dr. Charlie Turharus said the tribesman had been covertly tracking the pair for perhaps an hour or two before the June 19 attack. He fired an arrow at Matt Scheurich as the 28-year-old

New Zealander relaxed on a river bank while his girlfriend, a French doctoral student studying tribal life, swam in the river.

The attacker also threw rocks at Scheurich's head, the doctor said. The man then attempted to sexually assault the French woman, but she managed to run to a nearby village, where she activated a personal locator beacon. **THE ASSOCIATED PRESS**

An Important Notice for Adult Ontarians Living with Diabetes

Living with diabetes is not easy, but managing it day-to-day really means taking good care of yourself.

There are three key tests that people living with diabetes should receive on a regular basis. They are:

- the **HbA1C blood glucose control test**, which patients should receive at least every six months
- the **LDL-C cholesterol test**, which patients should receive every year
- a **retinal eye exam**, which patients should receive every two years

The Diabetes Testing Report was created to help inform your primary care provider (physician or nurse practitioner in a Nurse Practitioner-Led Clinic) of when you last had each of these three tests.

People living with diabetes who are tested regularly are better able to manage their diabetes and avoid complications. The Diabetes Testing Report will help you and your primary care provider better manage your diabetes care by reminding him or her if you are overdue for an HbA1C test, LDL-C test or retinal eye exam, and it will encourage you and your primary care provider to talk about your diabetes care.

Protecting Your Privacy

In order to create the Diabetes Testing Report, your primary care provider may share personal health information, including your name, OHIP number, and date of birth, with the Ministry of Health and Long-Term Care (MOHLTC). He or she will also confirm whether you have diabetes. In response, the MOHLTC will share the most recent dates of each of the three tests with your provider. Your privacy is important, and you are not required to have your information included in this report.

Deciding Not to Share Your Information

You may decide that you do not want your primary care provider to disclose your information to the MOHLTC, and that you do not wish to be included in your provider's Diabetes Testing Reports. If you choose to withhold or withdraw your consent, this will in no way affect your relationship with your health care provider and he or she will continue to provide care to you.

If you wish to withhold or withdraw your consent to having your information disclosed by your primary care provider and in any Diabetes Testing Reports that MOHLTC sends to your primary care provider, call **1-800-291-1405 (TTY: 1-800-387-5559)**. If you have previously withheld or withdrawn your consent to have your information included on the Diabetes Testing Report, you do not need to withhold or withdraw your consent again. If you wish to reinstate your consent, you can do so by calling the number above.

In Ontario, the Personal Health Information Protection Act, 2004 (PHIPA) is the legislation that governs the collection, use, retention, and disclosure of personal health information by health information custodians, including MOHLTC and primary care providers. For more information about the collection, use, and disclosure of your personal health information for the purposes of the Diabetes Testing Report, call the numbers listed above. For more information about diabetes, visit ontario.ca/diabetes.

Doggone. It



► In this photo taken June 30, registered veterinary technician Mara Strauss checks the sutures on a dog neutered at the Marin Humane Society in Novato, Calif. The society is credited with opening the first private, low-cost spay-and-neuter clinic in the U.S.

ERIC RISBERG/AP PHOTO

Fixed for a modest fee

Iraqi insurgents unleash lethal one-two bomb attack

35 Number of people killed in a combined bombing north of Baghdad.

Iraqi officials said. The bombing is the latest in a series of insurgent attacks as the Iraqi government and political factions debate whether to officially request from the United States that some American troops stay in the country past their year-end withdrawal deadline.

THE ASSOCIATED PRESS

A combined car bomb and roadside bombing in a town north of Baghdad killed at least 35 people and wounded 47 today,



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LETTING IT ALL HANG OUT IN COURT

JUST
SAYIN' ...

PAUL SULLIVAN
METRO



If you go out in the woods today, you could be in for a big surprise. You could see some bares.

That has already occurred in Ontario's cottage country, where a Bracebridge man is in court arguing it's OK to go for a walk in the park or turn up at the A&W drive-thru without any clothes on.

Brian Coldin, whose very name induces shrinkage, is a self-declared Christian naturist. He believes the section of the Criminal Code governing nudity violates the constitution. And he has some high-priced legal talent on his side, including the fully and handsomely attired Clayton Ruby.

My favourite moment in the trial to date came when the fast-food clerk who took Coldin's order was driven to tears as she testified she could see his genitals during the incident. It's simply something they don't tell you at Burger University. ("Be sure to ask if he wants fries with that.")

"But they're asking the wrong people. Whose rights are really in peril here? People who want to ride the bus naked? Or the rest of us who will be forced to bare witness to their folly?"

This is not the first time Naked Man has been in trouble with the law — he says he has been picked up by the (long-suffering) police more than 200 times. And he still doesn't have the sense to cover himself. He thinks the police are trying to prevent him from practising his Christian naturist beliefs. I thought Christ was a scientist, not a nudist. I must be confused.

While section 174 of the Criminal Code could probably use an overhaul — theoretically, if you get caught coming out of the shower in your own home after for-

getting to pull the curtains, you could get busted — imagine if Coldin wins and every Tom, er, Dick and Harry who wants to let it all hang out can and does.

It's not a pretty picture. You can bet that most people compelled to make a spectacle of themselves will be near-sighted. Really good-looking people are rarely inclined to take it all off at the A&W. Probably because it might cause nearby Christian naturists to join in the fun.

Of course, Naked Man enjoys the support of the president of the Federation of Canadian Naturists, who points out that casual nudity should not be in the same league as "theft, robbery, assault and murder." Well, maybe not murder.

But they're asking the wrong people. Whose rights are really in peril here? People who want to ride the bus naked? Or the rest of us who will be forced to bare witness to their folly?

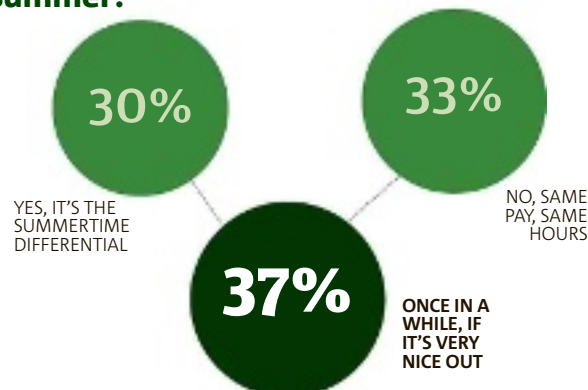
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Is it OK to leave work early in the summer?



Worth mentioning

OTTAWA. A new study suggests more than one-quarter of the 7.5 million eligible voters who did not cast a ballot in the May 2 federal election said they did not do so because they were not interested in voting.

Statistics Canada found another 23 per cent of the non-voters it surveyed said they were too busy to vote.

The most common response for not having voted, that people were "not interested in voting" (28 per cent), also includes feeling their vote would not have made a difference in the election results.

The 23 per cent who said they were "too busy," includes having family obligations or having a schedule conflict at work or school.

Another 10 per cent told Statistics Canada they were out of town or away, while eight per cent reported they did not like the candidates or campaign issues.

Roughly four per cent said they forgot to vote, while a little more than one per cent said they did not vote because of religious beliefs.

THE CANADIAN PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Free Tickle Me Elmo to those who visit spa

At Cosquillarte spa in Madrid, Spain, customers strip, head to the treatment room and get ready to relax. That's when the staff take out the feathers — and tickle.

Cosquillarte, which translates both as Tickle Yourself and Tickle Art, is a tickle spa. No massages, no facials, no hot rocks — just tickles.

And while those traumatized by cruel uncles or playground pokes

may not be enamoured with the idea, regulars insist a half-hour tickle session is actually relaxing.

Isabel Aires, the PR expert behind the spa, has been addicted to tickles since childhood.

And it seems there are a number of tickle addicts out there ready to give the service a try.

Customers aren't subjected to harsh pokes or grabs to their armpits and rib cages. Instead, the therapy consists of light strokes of the hand, feathers and a hat made up of light, protruding fibres that lightly brush against the skin.

A 15-minute tickle session costs \$21; whereas 60 minutes will set you back \$63.

TORSTAR NEWS SERVICE

GEOFF ROBINS/THE CANADIAN PRESS



► Ray Tanguay, centre, Chairman of Toyota Motor Manufacturing Canada, speaks with Kitchener Centre MPP John Milloy, left, and Gary Goodyear, minister of state for science and technology, following a press conference in Cambridge, Ont., yesterday.

Toyota to receive government cash

► Money will be used to upgrade aging Ontario plants

Two Toyota plants in Ontario will receive a \$545-million injection from the automaker and the federal and provincial governments to give the aging facilities an environmentally friendly makeover.

Ontario will provide a \$70.8-million grant and the federal government will match that amount in the form of a repayable loan to Toyota Motor Manufacturing Canada Inc. for

plant upgrades in Cambridge and Woodstock.

"(This money) is very important because it allows us to give these initiatives priority and helps to secure our production footprint in Canada," said Ray Tanguay, chairman of Toyota Motor Manufacturing Canada.

The round of upgrades will support production of cleaner, more fuel-efficient vehicles at Toyota's On-

tario plants. The automaker will use part of the money to upgrade the paint shop at its Cambridge North plant. The company plans to convert its base-coat paints from a solvent-based system to a water-based system to reduce emissions.

It will also make other plant upgrades, including new machinery and equipment, and employee training. **THE CANADIAN PRESS**

Bombardier's cuts back U.K. workforce

The future of Bombardier Transportation's railway operations in Britain appears uncertain as the manufacturing giant reviews its U.K. activities as contracts wind down.

The railway division of the Montreal-based train and plane maker said it is conducting a "complete review" over the next month.

"Everything is open," spokesman Marc Laforge said in an interview when asked about the future of the U.K.'s only remaining railway plant in Derby.

"We are considering any type of scenarios that may occur on the line."

Bombardier took the first step Tuesday by an-

nouncing plans to cut nearly half of the workforce at the plant in central England after it lost a contract to German rival Siemens. A 90-day consultation process has begun before it lays off about 446 permanent staff and 983 temporary hires.





Four out of five existing contracts in Derby end in September. The remaining contract is to supply 1,300 metro cars for London Underground's sub-surface lines by 2014.

Derby has been making trains since the 1840s and was among the world's largest rail manufacturing sites. Bombardier purchased the facility from Daimler Chrysler in 2001.

It will employ some 1,600 workers following the layoffs.

THE ASSOCIATED PRESS.

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2
scene

Charlie Sheen



There should be no shortage of material. Comedy Central said yesterday that Charlie Sheen has agreed to be the subject of its next celebrity roast. It will be taped in Los Angeles and air on Sept. 19. That also happens to be the same night that Ashton Kutcher debuts as Sheen's replacement in the CBS comedy Two and a Half Men. Sheen was thrown off the show after his hard partying forced a production shut-down.

THE ASSOCIATED PRESS



Members of Cali Swag District are brought low from 'Dougie' fame by killing of lead dancer



► Don Hall, left Craig Ferguson and Stephen J. Anderson star as the voices in Winnie the Pooh.

Adding a touch of sophistication to Owl

► Craig Ferguson shakes off his funny man persona to play the stuff, pompous character in the new Winnie the Pooh movie ► He speaks to Metro about the role and the Late, Late Show



NED
EHRBAR

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METRO WORLD NEWS IN LOS ANGELES

When he's not keeping night-owls entertained hosting the Late Late Show, Craig Ferguson has been sneaking into recording studios to lend his vocal talents to several animated projects, including last year's surprise hit How to Train Your Dragon and next summer's Pixar release, Brave.

This year, Ferguson takes on a classic as Owl in Disney's new version of Winnie the Pooh.

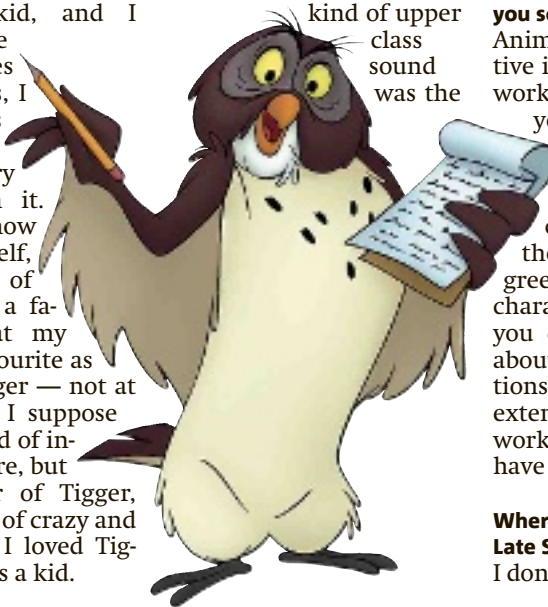
The hard-working Scotsman spoke with Metro about growing up on Pooh, finding Owl's voice and the future of his TV gig.

Were you already a fan of Winnie the Pooh?

Oh yeah, of course. I knew the stuff. The books were read to me when I was a very little kid, and I watched the Disney movies and TV shows, I remember, as a child. So yeah, I'm very familiar with it. And I've got now two kids myself, so the figure of Pooh Bear is a familiar one at my house. My favourite as a kid was Tigger — not at all Owl, who I suppose radiated a kind of intellectual figure, but the character of Tigger, who was kind of crazy and unrestrained. I loved Tigger when I was a kid.

You're not your usual Scottish self as Owl.

I think that we all felt that an English and a sort of kind of stuffy, pompous, kind of upper class sound was the



most appropriate.

You've done a great deal of voice work for animation. What about it appeals to you so much?

Animation is very attractive if you're in my line of work because, you know, you're not limited by your own physical appearance, clearly. You're the voice of a character and kind of the personality to a degree, but you're not the character's appearance. So you don't have to worry about your physical limitations, right down to the extent of when you go to work that day you don't have to shave.

Where do you see the Late Late Show going?

I don't know. I think that's

a fair question, and it's something I've been asking myself recently.

I mean, I've been doing it since January 2005, so I guess it will be coming up on seven years.

I don't know how much I can do with it or where I'm going to take it.

I'll do it for a little while longer, but I really don't know how it's going to play out.

I like keeping it as loose as possible. I think that's what makes our show different — it's a very, very informal, intimate kind of non-structure or deconstructed type of a show.

So I'd like to make sure that we're doing that and keeping it friendly and available to the people who enjoy it — and continue to enjoy it myself.

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Celebrity tweets



Today, we get deep thoughts from a famous author, a famous music producer and a famous singer who supposedly split up the Beatles.

@YokoOno



"All people who come to us are angels in disguise carrying messages from The Universe"

@Drakkardnoir
(Drizzy Drake):

"The kids I hang with are gonna be parents one day...scary."

@RussellSimmons



"Nothing in life has to be taken seriously — except the joy of life." — Maharishi

@PauloCoelho



"Kiss slowly, laugh insanely, live truly, and forgive quickly."

Half of Milli Vanilli returns?

The New Kids on the Block made a comeback. Prince is still around. The Transformers rule the box office.

So is the world ready for another nostalgic throwback? Is the world ready for...Vanilli?

One half of the disgraced Milli Vanilli is rumoured to be making a solo comeback.

According to TMZ, Eminem's DJ The Alchemist said: "I'm working on a joint with Vanilli ... Vanilli making a comeback."

Will there be lip sync-



► Fabrice Morvan, formerly of Milli Vanilli, in 2005.

ing? The DJ tells the site: "It's real s— dude."

● METRO

Potter's class graduates with no child-actor breakdowns

- Despite their fame, they've grown up smart, polite and professional
- Young stars have not leapt into the party-till-dawn celebrity lifestyle

ALL PHOTOS GETTY IMAGES

If the young cast of the Harry Potter films received report cards for their school days at Hogwarts, they'd all probably earn the notation, "plays well with others."

Cast as impressionable children in Hollywood's biggest fantasy franchise, Daniel Radcliffe, Emma Watson, Rupert Grint and their many young co-stars have manoeuvred through 11 years of fame — and the temptations it brings — without any whispers of Lindsay Lohan-style meltdowns that can derail child actors.

"It's very different doing it in England," said Radcliffe. "In America, you're treated as an actor



► Daniel Radcliffe, left, Emma Watson and Rupert Grint at the premiere of Harry Potter and the Deathly Hallows - Part 1 at Alice Tully Hall on November 15, 2010 in New York City.

first and a kid second. Here, you're very much treated as a kid first and an actor second. In fact,

you're not really treated as an actor. You're treated as a kid on a film set, which is how it should be, because

that's all you are at that point. No one's an actor at 12."

THE ASSOCIATED PRESS

Biebs forgets cash on ice-cream date

You know what tastes better than ice cream? Eating ice cream with Justin Bieber.

The Canadian superstar and his girlfriend, actress and singer Selena Gomez, were seen in the New York beach town The Hamptons over the week-

end, shopping for beachwear and buying snacks, according to People magazine.

A source told the magazine that he kept calling her babe.

And when caught without cash, a customer paid for their ice cream.

● METRO



► Young love: Selena Gomez and Justin Bieber

Duran Duran cancels tour

Veteran New Romantic band Duran Duran has called off its summer tour because frontman Simon Le Bon is recovering from voice problems.

The European tour had been due to start in Dublin next week and continue through mid-September.

THE ASSOCIATED PRESS



► Simon Le Bon



Nicki Minaj tweeted some sad news on Monday: "My cousin Nicholas (also goes by Juse) was murdered last night near his home in Brooklyn, New York."

The terrible report was greeted by condolences by other stars on Twitter. "Sending love and prayers to you and your family," singer Jordin Sparks, 21, tweeted, according to Us.

● METRO

The apple doesn't fall far from the tree

Nicolas Cage is known for erratic behaviour on screen and off.

Now his son Weston is following in those footsteps.

According to TMZ, Weston Cage's apartment was torn apart Sunday, while a woman — possibly his wife Nikki Williams — called 911.

The site says Weston may have been struck by a bottle, and that both recently got out of rehab.

We want to be invited for Thanksgiving. ● METRO



► Weston Cage

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Diving into the blue

► Orlando's Discovery Cove offers fun for the whole family ► Interact with dolphins and snorkel among tropical fish ► Check out the newest addition to the park – the Grand Reef



**AURELIE
RESCH**
LIFE@METRONEWS.CA

"Mommy! Look! A sting ray!" Normally, I would jump on my feet and promptly extract my child from the water, but here at the Grand Reef I encouraged him to dive in and chase the gracious one-meter-wide fish.

Spending a day at Discovery Cove in Orlando is plunging into a whole new world.

Diving into the blue. A cure to urbanitis. Here, you stroll in lush landscapes on a 30-acre tropical oasis and encounter exotic sealife.

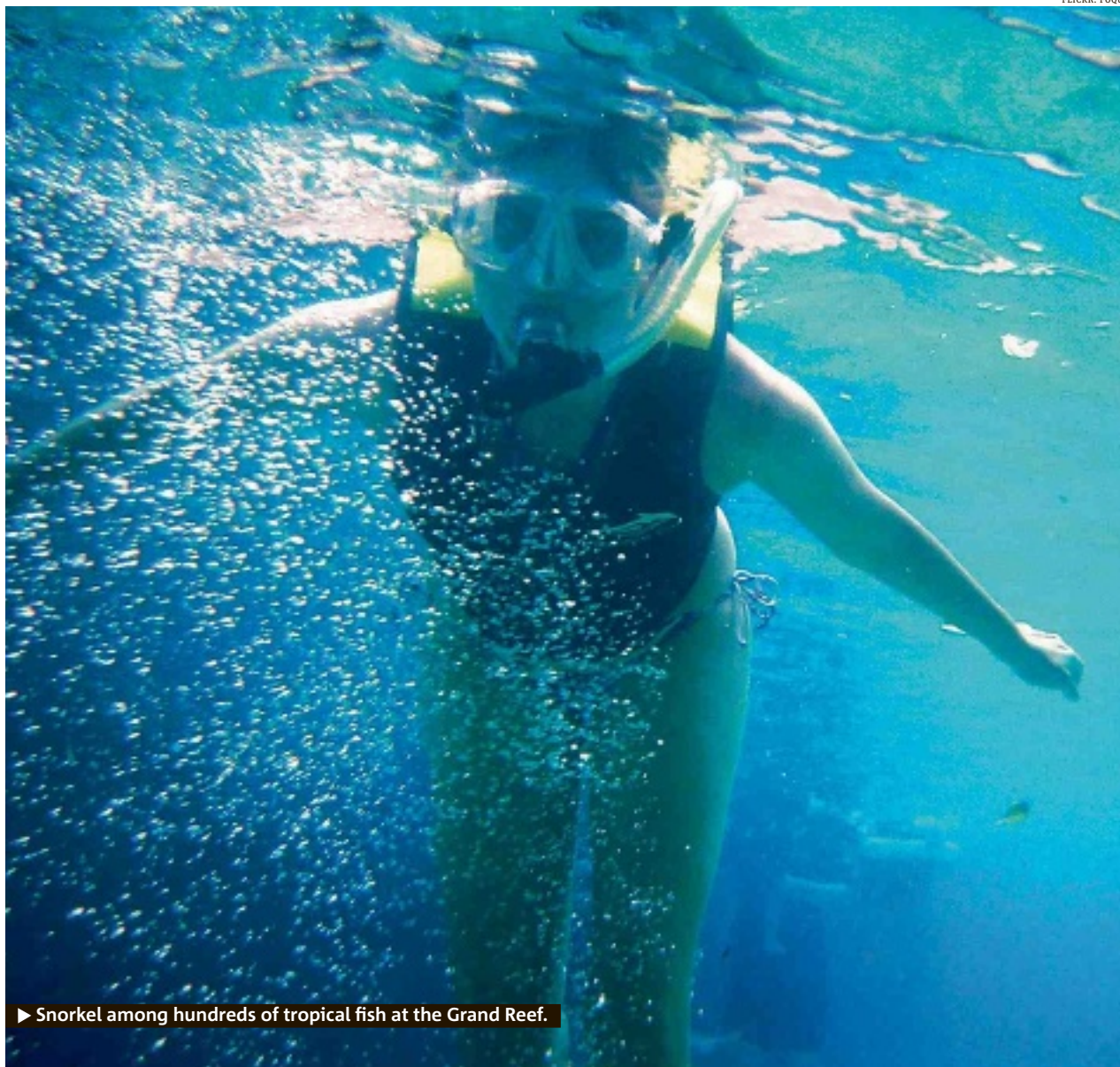
After swimming and interacting with a bottlenose dolphin named Tyler in one of the several lagoons on the property, my children and I went to a new addition to the park, opened on June 11, called the Grand Reef.

My two-year-old daughter laughed as she paddled in the shallow water among scholar fish while my two boys kept busy chasing big rays among the artificial and colourful reefs.

Joining the excitement,

What to do

- Besides the sealife, you can also relax and sunbathe on one of several white-sand beaches, build sandcastles with your little ones or hand-feed an extraordinary variety of exotic birds in the aviary.
- Discovery Cove also offers the opportunity to be a dolphin trainer for a day or have a dolphin play a special role in your marriage proposal or on your birthday. Professional photographers are available to make your memories of the day last forever.
- Let yourself be tempted by a souvenir from one of the Discovery Cove giftshops. From a unique piece of jewelry or artwork featuring marine themes to stuffed animals, clothing and framed photos, bring your memories home.



► Snorkel among hundreds of tropical fish at the Grand Reef.



► Interact with dolphins at Discovery Cove.

What's included

Your full day at Discovery Cove includes meals, snacks and beverages, as well as towels, wetsuits and swim gear, plus a pass for unlimited admission to SeaWorld or Aquatica in Orlando or Busch Gardens in Tampa to be used surrounding a Discovery Cove visit (extra for the dolphin's encounter and Seaventure).

- For more information, visit discoverycove.com.

I went snorkelling in deeper water among hundreds of tropical fish and ventured close to a glass wall

behind which reef sharks and lionfish stared unblinkingly at me.

While sharing with my children the exhilaration of flirting with sealife, I observed visitors embarking on another journey: The Seaventure.

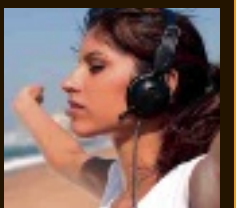
Geared up with diving helmets and special swimsuits, they would venture on the seafloor of the Grand Reef for an up-close encounter with the ocean's flora and fauna.

Before my jolly troop surrendered to fatigue, I took them down the gentle current of a lazy river that travels through the park. We ended up our day unwinding while observing exotic birds flying gracefully above our heads.

3

life

Beach etiquette



As people head to the pool or beach this summer, they might want to spare a thought for matters of etiquette. Blasting loud music is a no-no. It emerged as the most annoying etiquette violation in a recent TripAdvisor survey. Littering and public intoxication were also deplored at the beach, while chair hogging and smoking were given the thumbs-down at the pool.

THE CANADIAN PRESS



Much ado about Wenlock:
Small town in England inspired
the modern Olympics.

3

WAYS TO
AVOID THE
CROWDS**RESERVE YOUR PLACE OR
ASK THE LOCALS**

- For tourist hotspots, reserving your spot online or by phone before your visit can be the best option. If there's no way of doing that, ask a local about the best time to go. This can be your hotel reservation desk or even a taxi driver. Hotels want to provide good service and taxi drivers know the city well. Don't be afraid to ask.

**IF YOU MUST, QUEUE UP -
BUT ONLY IF IT'S WORTHWHILE!**

- If you still find yourself waiting, remain calm. I once found myself queuing for two hours to see the Alhambra in Spain. It is something I will never see again and was mightily impressive, so worth the wait. It all comes down to your sense of whether it's worth it. I hear of people queuing for hours for the big clubs in Berlin. I think it's absurd to waste half your night just to say you've been there.

**GO OFF THE BEATEN TRACK**

- Bored of tourist spots? Try unorthodox routes to hidden fun. I always go to local bars. Tip the barman on the first drink and they are usually happy to talk about their city. If that sounds crazy, here's a less daring option. Talk with guys selling tickets for boat tours or tour buses. They usually have a lot of spare time... I loved it when I worked as a ticket seller and people would ask me questions. The last option is simply losing yourself in the city. This can be a wonderful adventure, but be careful: there are some places where this might not be a good idea, so get an idea of what the area is like before you go off searching for local treasures.

**ADIE
SAMPSON**

'ALTERNATIVE' TOUR OPERATOR



► Steel's vacation to remember:
driving through the desert with sick kids.

HOW DANIELLE STEEL
SURVIVES THE SUMMER

► What's in this novelist's suitcase: 'A Bible and a pair of fun, sexy shoes!' ► Steel tells Metro what's on her travel list of do's and don'ts

**ELISABETH
BRAW**
LIFE@METRONEWS.CA

For years, a Danielle Steel novel, along with shades and sun-tan lotion, has been an essential item in the beach bag of any seasoned sunbather. But what does the world-famous bestselling author herself read on holiday? Metro caught up with Steel to find out her holiday habits, pet peeves and worst memories.

**Oddest attractions you've
seen while on vacation?**

I must have very dull vacations. I can't think of any awful people I've dealt with on holiday, any terri-

ble food I've eaten, or odd attractions I've seen. I spend most of my vacations with my children; we love being together and have a great time. Maybe we're the 'odd attraction' with a family with nine children! And probably the worst food I've eaten, anywhere, is my own, when I cook. One of my sons teased me and said it has taken him years to eat my food without crying.

And the worst?

Possibly one of our worst vacations was a driving trip to Death Valley, when all nine of my children were very young. The drive was long, the heat

deadly, we got switched from the hotel to the campground with no warning, and several of my kids broke out in chicken pox on the way there. Now there was a memorable vacation! We all laugh about it now.

**Who were the worst people
you dealt with on vacation?**

I can't think of anyone. Maybe airline people when your flight is five hours late, and they lie to you about it, and you sit there waiting for what seems like an eternity, and then finally, after you sit around all day, waiting, they cancel the flight!

Which five things do you**absolutely need while
you're holidaying?**

My children (what would I do without them?), my briefcase (I panic without it — what if I get an idea and need pen and paper to quickly write it down?), my computer so I can stay in touch with the outside world, the Bible, and a great pair of fun, sexy shoes.

**Which books/music you
read/listen to on holiday?**

I read novels that are enjoyable and entertaining; I don't read serious non-fiction books on holiday. I don't like books that make me sad! I listen to whatever music my children play (very loudly).

Summer exclusive

PACKING MY BAG

**REESE
WITHERSPOON
TELLS METRO HOW TO PACK****What's the essential way of
packing your carry-on bags?**

I'm fascinated with this topic: what do you pack? I think you have to find one central colour and base your entire wardrobe around a colour. Dresses, jeans — but usually black, because you're always going to have a pair of black boots that goes with everything, or a pair of black flats. But you can't mix in the browns and the grays, because then you'll overpack. It's hard. That's why you have to have a simple style.

I think everybody's trying to just do carry-on because of all these extra charges for bags, and it's a pain to have to wait around for your suitcase. For this, just roll up your clothes. My other tip is pack everything in zipper storage bags, and then you push all the air out of them and make them compress. You can get so much more with your bag. **NED EHRBAR**



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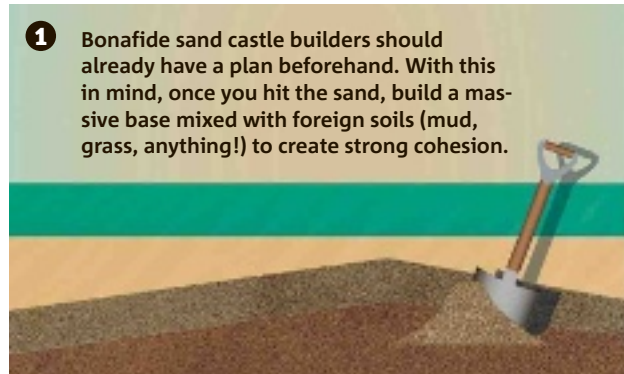
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How to build a super sand castle

- This summer, impress friends and strangers alike by building an imaginative and awe-inspiring sand castle
- Metro speaks with Leonard Gonzales, a U.S. championship-winning sand castle creator, for some trade secrets

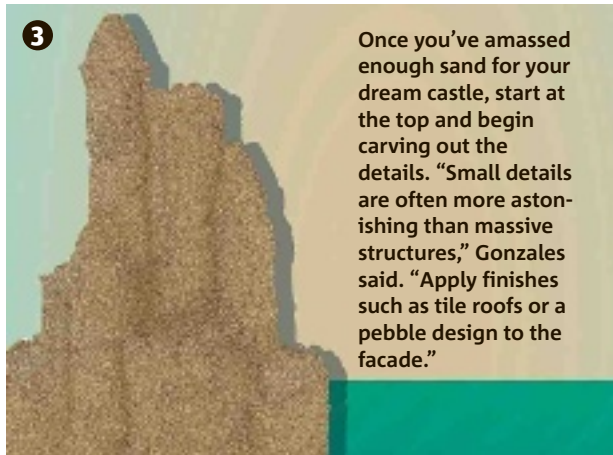
TEXT: ELIZABETH WOLFE; ILLUSTRATION: MIA KORAB



- 1** Bonafide sand castle builders should already have a plan beforehand. With this in mind, once you hit the sand, build a massive base mixed with foreign soils (mud, grass, anything!) to create strong cohesion.



- 2** Add wet sand one layer at a time, packing it tightly as you go.

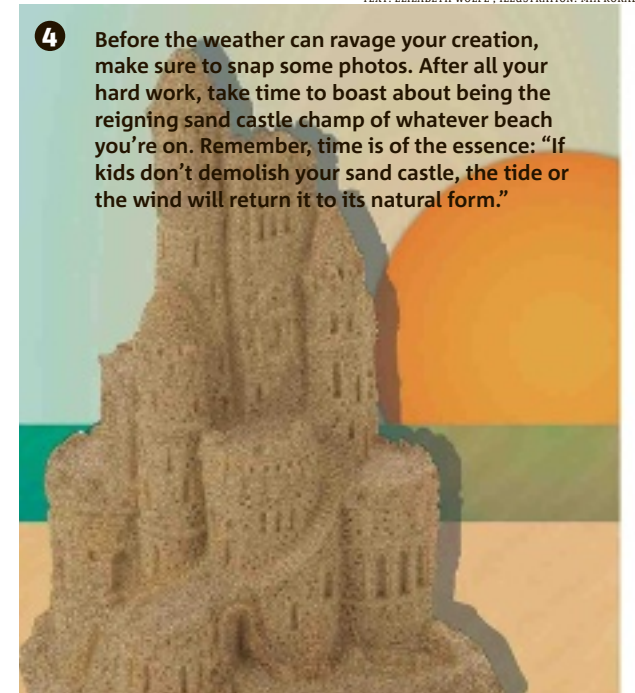


- 3** Once you've amassed enough sand for your dream castle, start at the top and begin carving out the details. "Small details are often more astonishing than massive structures," Gonzales said. "Apply finishes such as tile roofs or a pebble design to the facade."



"Be sure to wear plenty of sunscreen and drink lots of water as building a big sand castle is very labour-intensive!"

CHAMPIONSHIP-WINNING SAND CASTLE
CREATOR LEONARD GONZALES



- 4** Before the weather can ravage your creation, make sure to snap some photos. After all your hard work, take time to boast about being the reigning sand castle champ of whatever beach you're on. Remember, time is of the essence: "If kids don't demolish your sand castle, the tide or the wind will return it to its natural form."



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Charlottetown one-way \$169
Travel Jul 20/ac + taxes & fees \$72

Calgary one-way \$189
Travel Jul 21/ac + taxes & fees \$81

Canada

Toronto 3 Nights 4-Star \$209

The Sutton Place Hotel taxes & fees included
INCLUDES accom near sights and attractions. Travel Aug 21, 28/ggv. **ADD** economy car rental for \$37 per day.

Halifax Air + 3 Nights \$569
Citadel Halifax Hotel + taxes & fees \$140
INCLUDES accom near major attractions. Departs Aug 14, 21, 28/ggv/ws. **ADD** economy car rental with unlimited mileage for \$37 per day.

Vacations

Sydney Air + 9 Nights 4-Star \$1449

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INCLUDES central accom near Kings Cross Station. Departs Aug 31/ggv/ua.

Argentina & Chile \$2189
Air + 13-Day Tour + taxes & fees \$514
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London Air + First 2 Nights \$519

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Rome Air + First 2 Nights \$629*
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INCLUDES central accom. Departs Sep 22/thn/ts. **ADD** cooking lesson and walking tour for \$103.

Switzerland Air + First 2 Nights \$729*
Best Western Stuecki Basel + taxes & fees \$439
INCLUDES airfare to Basel and central accom. Departs Sep 20/ggv/ts. **ADD** 3-day Swiss Rail Pass for \$293.

Stockholm Air + First 3 Nights \$799
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INCLUDES accom near major attractions. Departs Sep 18/ggv/af. **UPGRADE** to 4-star Freys for \$57 per night.

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Boston Air + 3 Nights 4-Star \$554
Boston Westin Waterfront + taxes & fees \$119
INCLUDES accom near major attractions. Departs Aug 21, 24/ggv/dl. **ADD** Beantown Trolley tour for \$47.

San Diego Family Special \$579*
Air + 4 Nights + taxes & fees \$136
Holiday Inn Downtown
INCLUDES accom near major attractions. Price is per person based on a family of 4. Departs Sep 12, 19, 26/ggv/aa. **UPGRADE** to 4-star Sheraton Marina Hotel for \$12 per night. **ADD** San Diego Zoo admission for \$40.

New York Air + 3 Nights \$599
Days Hotel Broadway + taxes & fees \$122
INCLUDES Upper West Side accom. Departs Aug 14, 21, 28/ggv/dl. **ADD** theatre tickets to Chicago, Billy Elliott, Mary Poppins or Memphis for \$143.

New Orleans Air + 4 Nights 4-Star \$624
Sheraton New Orleans + taxes & fees \$123
INCLUDES accom near major attractions. Departs Aug 14, 18, 22, 28/ggv/aa. **ADD** evening jazz cruise for \$62.



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ITC

A summer spin on your fave pick-me-up

► The weather may be heating but you still want to enjoy a cup of coffee ► These easy-to-make recipes cool down (and kick up) that hot must-have beverage

MATTHEW MEAD/ THE ASSOCIATED PRESS



► Both of these drinks are made in under 10 minutes.

It wasn't too long ago that a cup of cold coffee wasn't worth beans. But these days, iced coffee is one hot brew.

A few fun facts: Nearly 60 per cent of iced coffee is consumed at breakfast, 20 per cent is treated as a snack, 13 per cent of sales are for lunch and four per cent for dinner. Consumption is heaviest in the Northeast and the frosty java is more popular with women than men.

Check out these easy-to-make recipes.

Coffee Bananas Foster Smoothie

Preparation:

1 In a blender, combine all ingredients. Blend until

smooth and frothy.

Parlour Coffee Float

Preparation:

1 In a blender, combine coffee, chocolate syrup, half-and-half and half of the ice cream. Blend un-

til smooth and frothy. Pour into 2 tall glasses and top with a scoop of the remaining ice cream. Top with whipped cream and a cherry, if desired.

ALISON LADMAN/
THE ASSOCIATED PRESS

Shopping list:

Coffee Bananas Foster Smoothie

- 375 ml (1 1/2 cups) strong brewed coffee, chilled
- 2 ml (1/2 tsp) cinnamon
- 30 ml (2 tbsp) dark brown sugar
- 2 small ripe bananas
- 175 ml (3/4 cup) vanilla yogurt
- 125 ml (1/2 cup) fat-free

half-and-half

- 250 ml (1 cup) ice cubes
- Parlour Coffee Float**
- 375 ml (1 1/2 cups) strong brewed coffee, chilled
- 50 ml (1/4 cup) chocolate syrup
- 50 ml (1/4 cup) half-and-half
- 250 ml (1 cup) chocolate or coffee ice cream
- Whipped cream, to serve
- Maraschino cherries

Nightcap Ice Coffee



Preparation:

1 Spiced sugar: In bowl, mix together turbinado sugar, nutmeg and cardamom. Place on plate. Moisten rim of large tumbler then invert glass onto plate so that sugar sticks to rim. Fill glass with ice.

2 In a cocktail shaker filled with ice, combine Godiva, co-

gnac, Kahlua, espresso and sweetened condensed milk. Shake for 1 minute.

Strain over ice in glass.

ALISON LADMAN/
THE ASSOCIATED PRESS

Ingredients:

- 30 ml (2 tbsp) turbinado sugar
- Pinch nutmeg
- Pinch cardamom
- 30 ml (1 oz) Godiva milk chocolate liqueur

- 30 ml (1 oz) Navan vanilla cognac
- 30 ml (1 oz) Kahlua Especial
- 60 ml (2 oz) espresso, chilled
- 30 ml (1 oz) sweetened condensed milk

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	YES	NO
I am feeling sad and depressed	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions	<input type="checkbox"/>	<input type="checkbox"/>
I am having trouble concentrating	<input type="checkbox"/>	<input type="checkbox"/>

No experience means no chance?

SUBMITTED

STUDENT VOICE

EMILY FRASER
TALENTEGG.CA

As a hopeful future doctor, I know that an important element of the medical school application is relevant work ex-

perience.

Finding a job that would give me such experience has proven very difficult.

Last summer, I applied to numerous positions in hospitals and clinics, and went to many interviews.

Most of the interviewers told me, after I did not receive the job, that I was not chosen because I

lacked previous experience.

I was frustrated because the application had not specified that previous experience in the field was mandatory.

I wasted a lot of effort applying and interviewing for these jobs, which did not want me, when I could have been focusing on jobs where I had a chance.

As a result, I did not find a medicine-related job and eventually I took a cashier job instead.

I began to wonder where the people who were actually hired for these jobs had gotten their previous work experience.

It's frustrating that in order to get jobs that give you a great experience opportunity, you have to already have a lot of work experience in the same field. I mean, you have to start somewhere.

I wish there was a place that listed jobs that offer great experience opportunities in various fields, where no real previous experience in the field is mandatory.

Or, at the very least, I wish the employers that do require previous work experience in their field would specify on the application so I would no longer waste their time and my own.

TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

What I learned

Key take-aways from Emily's experience:

- Students should look to volunteering as a means to gain experience. Your university likely has partnerships with student volunteer organizations,

such as Best Buddies, which is a great place to start.

- Or, approach an organization, such as a hospital, and see if they accept volunteers. Even if you're only volunteering once a week, that's one day of experience that you didn't have before!

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► Emily Fraser believes that employers should be as clear as possible about the previous experience applicants require to get a shot at an interview.

Where Emily is now

I just completed my second year of a Bachelor of Science degree in chemistry at Acadia University. I am happy to say that this year I was much more fortunate with my job hunt. After a great deal of hard work, I found a summer job as a research assistant in a lab.

I'm confident that this job will give me the experience I need in the field I am so interested in.

I also volunteer at a local nursing home and with Best Buddies Canada, an organization that pairs students in a one-on-one friendship with members of the community with intellectual and developmental disabilities.

These positions are hugely rewarding and they give me the experience I was looking for when applying to hospital jobs.

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DANIEL LUBLIN
DAN@CANADA
EMPLOYMENTLAWYER.COM
TWITTER: @DANLUBLIN



What happens if a group of just-dismissed, hourly wage employees, who barely speak English, sign a broad-ranging release preventing them from taking further legal action? Does it matter that their former employer paid them next to nothing to sign that release or that the employees feared they would get nothing at all if they refused to sign it? According to a recent human rights decision that amazes even

me, the answer is that it does not matter at all!

Just-fired from their jobs as general labourers at Global Egg Corporation, a group of 10 Spanish-speaking former employees found themselves in a pickle. Presented with a severance agreement that they claimed not to understand, they were given one week to sign the documents, in exchange for an extra one or two weeks' pay, or they could refuse, in which case they thought they would not receive anything at all.

The group took the documents to the Centre for Spanish Speaking People and spoke with two lawyers from the Centre and an interpreter who explained the requirements of severance and gave them advice about the consequences of refusing to sign the agreement.

After the meeting everyone signed the documents, still fearful that they would not receive any money if they refused to sign. According to the one of the members of the group who testified at the recent hearing, she did not want to sign, but felt that she had no choice since she "needed the money." However, later on, believing the deal they received was discriminatory and unfair, the group complained to the Human Rights Tribunal, arguing that it should be set aside.

In a surprising human rights decision, the tribunal dismissed the claims at a preliminary hearing because of the agreements that were signed.

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP. READ THIS STORY IN ITS ENTIRETY AT METRONEWS.CA

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Quatre mois avant d'obtenir mon diplôme, j'avais déjà un emploi qui m'attendait à la fin de mes études! Chaque jour, je me sers de connaissances acquises à La Cité collégiale.

Martin Thériault

CONSULTANT EN INGÉNIERIE DE RÉSEAU, CISCO

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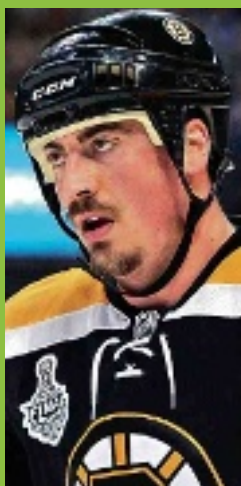
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4
sports

Quoted



“Tomas is one of the top puck-moving defencemen in the NHL and (a) power-play specialist.”

HURRICANES GM JIM RUTHERFORD, ON SIGNING VETERAN DEFENCEMAN TOMAS KABERLE, PICTURED ABOVE, TO A THREE-YEAR CONTRACT.



► Nigeria's Precious Dede makes a save yesterday on Christina Julien of Canada in Dresden, Germany.

Woods will skip British Open

Those “minor” injuries to his left leg now have kept Tiger Woods from playing in two majors.

In an announcement on his website yesterday that came as no surprise, Woods said he would skip the British Open next week because his injuries have not fully healed.

“Unfortunately, I’ve been advised that I should not play in the British Open,” Woods said. “As I stated at the AT&T National, I am only going to come back when I’m 100 per cent ready. I do not want to risk further injury. That’s different for me, but I’m being smarter this time.

“I’m very disappointed and want to express my regrets to the British Open fans.”

It will be the second time in the last four years that Woods has missed two majors in one season. He did not play the British Open and PGA Championship in 2008 while recovering from reconstructive surgery on his left knee. These injuries are not as easy to describe.

Woods said in May that he suffered “minor injuries” to knee ligaments and his Achilles while hitting from an awkward stance in the pine straw on the 17th hole in the third round at the Masters. Afterward, he skipped the Wells Fargo Championship and withdrew after nine holes from The Players Championship a week later. **THE ASSOCIATED PRESS**

Canadians denied

► Third-straight loss spells the end for national women’s soccer team at World Cup ► Canada has advanced past group stage just once in five tries

A third loss and a power outage extended Canada’s misery at the FIFA Women’s World Cup.

Perpetua Nkwocha scored to give Nigeria a 1-0 victory over winless Canada yesterday in a game marked by a 13-minute power outage.

Nkwocha scored in the 84th minute, just a minute after play resumed, pouncing on a deflection to launch a shot past Canadian ‘keeper Karina LeBlanc.

“I thought we showed a lot more fight this game, but we still didn’t get the

1 0

NIGERIA

CANADA

bounces, unfortunately,” said Canadian midfielder Diana Matheson.

The loss to 27th-ranked Nigeria was the final blow for a sixth-ranked Canadian team that came to Germany with huge hopes, boasting a CONCACAF title and their highest-ever rank-

ing.

But a tough opening 2-1 loss to Germany, followed by a 4-0 blowout against France quickly marked Canada’s official demise.

“I think at this point we all just need to take ourselves away from soccer ... physically refocus and kind of start to love the game again,” said Canadian midfielder Kaylyn Kyle.

Canada’s captain Christine Sinclair had several chances, her first coming in the 32nd minute when she snuck through Nigeria’s back line and beat ‘keeper

Precious Dede before running out of room.

“Obviously the results have been disappointing and not what we had hoped for and wanted and expected,” said Sinclair. “But at the same time, as a women’s football player and to look at this tournament, how well it’s been put on, the fans, the awareness, it’s been incredible to be a part of it.

“Obviously I would have liked to be part of it a little longer, but it’s a starting point for us and we can just improve.” **THE CANADIAN PRESS**



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MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	50	33	.602	—
Boston	50	35	.588	1
Tampa Bay	47	38	.553	4
Toronto	42	45	.483	10
Baltimore	36	46	.439	13½
CENTRAL DIVISION				
	W	L	Pct	GB
Cleveland	45	38	.542	—
Detroit	45	41	.523	1½
Chicago	43	43	.500	3½
Minnesota	37	46	.446	8
Kansas City	34	51	.400	12
WEST DIVISION				
	W	L	Pct	GB
Los Angeles	45	41	.523	—
Texas	45	41	.523	—
Seattle	42	43	.494	2½
Oakland	38	48	.442	7

Last night's results

Boston 3 Toronto 2
N.Y. Yankees at Cleveland
Baltimore at Texas
Kansas City at Chicago White Sox
Tampa Bay at Minnesota
Detroit at L.A. Angels
Seattle at Oakland
Monday's results
Toronto 9 Boston 7
L.A. Angels 5 Detroit 1
Minnesota 7 Tampa Bay 0
Texas 13 Baltimore 4
Seattle 2 Oakland 1
Cleveland 6 N.Y. Yankees 3
Chicago White Sox 5 Kansas City 4
Today's games
All times Eastern
Tampa Bay (W.Davis 7-6) at Minnesota (Liriano 5-7), 1:10 p.m.
Kansas City (Chen 4-2) at Chicago White Sox (E.Jackson 5-6), 2:10 p.m.
Detroit (Penny 5-6) at L.A. Angels (Chatwood 5-5), 3:35 p.m.
Seattle (Vargas 6-5) at Oakland (Moscoso 2-4), 3:35 p.m.
N.Y. Yankees (P.Hughes 0-1) at Cleveland (Masterson 6-6), 7:05 p.m.
Toronto (R.Romero 7-7) at Boston (Wakefield 4-3), 7:10 p.m.
Baltimore (Guthrie 3-10) at Texas (Ogando 8-3), 8:05 p.m.

CFL

EAST DIVISION							
	GP	W	L	T	PF	PA	Pt
Montreal	1	1	0	0	30	26	2
Winnipeg	1	1	0	0	24	16	2
Toronto	1	1	0	0	23	21	2
Hamilton	1	0	1	0	16	24	0
WEST DIVISION							
	GP	W	L	T	PF	PA	Pt
Edmonton	1	1	0	0	42	28	2
Saskatchewan	1	0	1	0	28	42	0
B.C.	1	0	1	0	26	30	0
Calgary	1	0	1	0	21	23	0

WEEK TWO
All times Eastern
Friday's games
Toronto at Winnipeg, 7:30 p.m.
Calgary at B.C., 10:30 p.m.
Saturday's games
Montreal at Saskatchewan, 4 p.m.
Hamilton at Edmonton, 7 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Philadelphia	54	32	.628	—
Atlanta	50	36	.581	4
New York	43	42	.506	10½
Washington	43	43	.500	11
Florida	38	47	.447	15½
CENTRAL DIVISION				
	W	L	Pct	GB
St. Louis	46	40	.535	—
Milwaukee	45	41	.523	1
Pittsburgh	45	41	.523	1
Cincinnati	43	43	.500	3
Chicago	35	51	.407	11
Houston	29	58	.333	17½
WEST DIVISION				
	W	L	Pct	GB
San Francisco	48	38	.558	—
Arizona	46	40	.535	2
Colorado	41	44	.482	6½
San Diego	39	47	.453	9
Los Angeles	37	49	.430	11

Last night's results

Pittsburgh 5 Houston 1
Chicago Cubs at Washington
Cincinnati at St. Louis
Colorado at Atlanta
Philadelphia at Florida
Arizona at Milwaukee
N.Y. Mets at L.A. Dodgers
San Diego at San Francisco
Monday's results
Arizona 8 Milwaukee 6
N.Y. Mets 5 L.A. Dodgers 2
San Diego 5 San Francisco 3
Philadelphia 1 Florida 0
St. Louis 1 Cincinnati 0
Washington 5 Chicago Cubs 4 (10 inn.)
Atlanta 4 Colorado 1
Pittsburgh 5 Houston 3
Today's games
All times Eastern
Arizona (Collmenter 4-5) at Milwaukee (Gallardo 9-5), 2:10 p.m.
Chicago Cubs (R.Wells 1-3) at Washington (Gorzelanny 2-6), 7:05 p.m.
Houston (Norris 4-6) at Pittsburgh (Morton 7-4), 7:05 p.m.
Colorado (Cook 0-3) at Atlanta (Jurrjens 11-3), 7:10 p.m.
Philadelphia (K.Kendrick 4-4) at Florida (Ani.Sanchez 6-2), 7:10 p.m.
Cincinnati (Arroyo 7-7) at St. Louis (Westbrook 7-4), 8:15 p.m.
N.Y. Mets (Niese 7-7) at L.A. Dodgers (Kuroda 6-9), 10:10 p.m.
San Diego (Moseley 2-8) at San Francisco (Bumgarner 4-9), 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
JosReyes NYM	80	350	65	124	.354
Pence Hou	80	329	39	107	.325
Kemp LAD	86	306	54	99	.324
Braun Mil	83	306	57	98	.320
Helton Col	74	254	36	81	.319
Votto Cin	85	314	55	100	.318
Ethier LAD	85	312	41	99	.317
McCann Atl	75	275	32	87	.316
Scastro Chic	84	358	46	110	.307
Headley SD	83	284	32	87	.306
Runs —JosReyes, NY, 65; RWeeks, Mil., 60; Bourn, Houston, 57; Braun, Milwaukee, 57.					
RBI —Fielder, Mil., 69; Howard, Phil., 67; Kemp, LA, 64; Braun, Mil., 62; Berkman, STL, 61.					
Hits —JosReyes, NY, 124; SCastro, Chi., 110.					
Last night's games not included					

RED SOX 3, BLUE JAYS 2

Toronto	ab	r	h	bi	Boston	ab	r	h	bi
RDavis cf	3	0	0	0	Ellsury cf	4	0	0	0
ETHms ph-rf	1	0	0	0	Scutaro ss	4	0	1	0
CPttrsn lf	3	1	1	0	AdGnzl 1b	3	0	1	0
Bautist 3b	4	1	2	2	Pedroia 2b	4	1	1	1
Lind 1b	4	0	0	0	D.Ortiz dh	3	1	1	0
Encnc dh	4	0	1	0	DMcDn lf	4	0	1	0
Snider rf-cf	4	0	0	0	Varitek c	4	1	1	1
Arenci c	1	0	0	0	J.Drew rf	2	0	1	1
JMcDnl ss	4	0	2	0	YNavrr 3b	3	0	0	0
McCoy 2b	2	0	0	0					
A.Hill ph-2b	1	0	0	0					
Totals	31	2	6	2	Totals	31	3	7	3
Toronto	000	000	002	2					
Boston	021	000	00x	3					
LOB—Toronto 6, Boston 7. 2B—D.Ortiz (22), Varitek (7). HR—Bautista (28), Pedroia (8). CS—C.Patterson (7).									

	IP	H	R	ER	BB	SO
Toronto						
Cecil L,1-4	8	7	3	3	2	6
Boston						
Lester	4	0	0	0	1	5
Albers W,3-3	2	1	0	0	2	2
F.Morales H,2	1	0	0	0	0	0
D.Bard H,18	1	1	0	0	0	1
Papelbon S,18-19	1	4	2	2	1	1
HBP—by Cecil (Ad.Gonzalez).						
T—2:38. A—37,745 (37,493).						

BLUE JAYS STATISTICS

BATTERS	AB	R	H	HR	RBI	AVG
Bautista	277	67	91	27	56	.329
Thames	80	16	26	3	9	.325
Lind	232	36	72	16	50	.310
Molina	96	13	28	2	7	.292
Escobar	298	44	86	9	29	.289
Patterson	287	41	74	6	31	.258
Hill	268	24	66	4	33	.246
Encarnacion	225	23	55	6	19	.244
Davis	241	31	57	1	18	.237
McCoy	69	8	15	1	4	.217
Arencibia	232	25	50	12	36	.216
Snider	92	8	19	1	14	.207
McDonald	126	15	26	2	14	.206
PITCHERS	W	L	SV	IP	SO	ERA
McCoy	0	0	0	1.0	0	0.00
Romero	7	7	0	118.0	99	2.75
Janssen	2	0	1	27.2	25	.93
Rzepczynski	2	2	0	34.2	28	3.12
Villanueva	5	1	0	72.1	47	3.24
Frasor	2	1	0	34.1	29	3.41
Perez	1	1	0	28.2	25	3.45
Dotel	2	1	1	23.1	27	3.86
Camp	1	1	0	36.0	18	4.00
Rauch	2	3	7	35.0	23	4.11
Litsch	4	3	0	46.1	36	4.66
Morrow	5	4	0	80.0	96	4.73
Francisco	1	4	10	24.1	29	4.81
Reyes	3	7	0	94.2	59	4.85
Cecil	1	3	0	27.1	21	7.24

Last night's game not included

AL LEADERS

	G	AB	R	H	Avg.
AdGonzalez Bos	84	345	59	120	.348
Bautista Tor	78	277	67	91	.329
VMartinez Det	71	259	37	85	.328
MiCabrera Det	86	293	60	95	.324
Konerko CWS	83	304	39	97	.319
MiYoung Tex	84	337	38	107	.318
JhPeralta Det	77	277	39	87	.314
Ellsbury Bos	83	336	58	104	.310
Boesch Det	80	298	57	92	.309
HKendrick LAA	72	280	41	86	.307
Runs —Granderson, NY, 74; Bautista, Toronto, 67 ; MiCabrera, Det., 60					
RBI —AdGonzalez, Bos., 75; Teixeira, NY, 65; Beltre, Tex., 64; Konerko, Chi., 62; Granderson, NY, 59; Youkilis, Bos., 57; Bautista, Toronto, 56 .					
Hits —AdGonzalez, Bos., 120; MiYoung, Tex., 107.					
Last night's games not included					

TENNIS

ATP

CAMPBELL'S HALL OF FAME CHAMPIONSHIPS

At Newport, R.I.

Singles — First Round

John Isner (1), United States, def. Karol Beck, Slovakia, 6-3, 6-2.
Jimmy Wang, Taiwan, def. Igor Kunitsyn (3), Russia, 4-6, 7-5, 6-2.
Matthew Ebden, Australia, def. Ryan Sweeting (4), United States, 6-4, 6-2.
Tommy Haas, Germany, def. Michael Berrer (7), Germany, 7-6 (11), 6-4.
Denis Kudla, United States, def. Ivo Karlovic, Croatia, 7-6 (4), 4-6, 6-4.
Tobias Kamke (8), Germany, def. Alex Bogdanovic, Britain, 7-6 (3), 6-3.
Edouard Roger-Vasselin, France, def. Richard Bloomfield, Britain, 6-4, 6-0.
Nicolas Mahut, France, def. Sebastian Decoud, Argentina, 6-1, 6-0.
Arnaud Clement, France, def. Ryan Harrison, United States, 6-4, 6-1.
Michael Yani, United States, def. Dudi Sela, Israel, 7-6 (5), 6-3.

WTA

COLLECTOR SWEDISH OPEN

At Bastad, Sweden

Singles — First Round

Caroline Wozniacki (1), Denmark, def. Alize Cornet, France, 6-4, 6-4.
Flavia Pennetta (2), Italy, def. Olivia Rogowska, Australia, 6-2, 7-5.
Vera Dushevina (5), Russia, def. Mona Barthel, Germany, 6-2, 7-6 (2).
Maria Jose Martinez Sanchez, Spain, def. Ivet Benesova (6), Czech Republic, 6-2, 6-0.
Polona Hercog (8), Slovenia, def. Anna Tatishvili, Georgia, 7-5, 6-3.
Sorana Cirstea, Romania, def. Mirjana Lucic, Croatia, 7-5, 2-6, 7-5.
Nuria Llagostera Vives, Spain, def. Alize Lim, France, 4-6, 6-2, 6-2.
Sofia Arvidsson, Sweden, def. Andrea Hlavackova, Czech Republic, 6-1, 5-7, 6-4.
Arantxa Parra Santonja, Spain, def. Tetyana Arefyeva, Ukraine, 7-5, 6-3.
Angelique Kerber, Germany, def. Anna Brazhnikova, Sweden, 6-2, 6-2.

POLI-FARBE BUDAPEST GRAND PRIX

Singles — First Round

Lesia Tsurenko, Ukraine, def. Reka-Luca Jani, Hungary, 3-6, 7-6, 6-2.
Stefanie Voegelé, Switzerland, def. Petra Martić, Croatia, 7-5, 7-5.
Zuzana Kucova, Slovakia, def. Mathilde Johansson (6), France, 7-6 (2), 7-5.
Eva Birnerova, Czech Republic, def. Lucie Hradecka (4), Czech Republic, 3-6, 6-4, 6-2.
Roberta Vinci (1), Italy, def. Lenka Jurikova, Slovakia, 6-1, 6-0.
Aleksandra Krunic, Serbia, def. Nina Bratchikova, Russia, 7-5, 1-0, retired.
Kateryna Bondarenko, Ukraine, def. Katalin Marosi, Hungary, 6-3, 6-4.
Timea Babos, Hungary, def. Anna Remondina, Italy, 6-3, 7-6 (4).
Estrella Cabeza Candela, Spain, def. Corinna Dentoni, Italy, 6-3, 6-1.
Sara Errani (2), Italy, def. Madalina Gojnea, Romania, 6-3, 6-1.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Philadelphia	17	7	4	6	21	16	27
New York	18	5	3	10	29	23	25
Columbus	17	6	5	6	20	19	24
Kansas City	16	5	6	5	21	22	20
Houston	18	4	6	8	21	22	20
D.C. United	16	4	5	7	23	29	19
Chicago	18	2	4	12	19	22	18
Toronto	19	3	7	9	17	29	18
New England	18	3	8	7	16	24	16

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	20	9	2	9	25	15	36
Dallas	18	10	4	4	26	17	34
Seattle	20	8	4	8	25	18	32
Real Salt Lake	16	7	3	6	21	12	27
Colorado	18	5	5	8	19	21	23
San Jose	16	5	5	6	22	19	21
Portland	16	5	8	3	19	28	18
Chivas USA	17	4	7	6	21	22	18
Vancouver	18	2	8	8	18	25	14

Note: Three points for a win, one for a tie.

Monday's results

New England 3 Real Salt Lake 3
Seattle 0 Los Angeles 0

Tonight's games

All times Eastern

Toronto at New York, 8 p.m.
Colorado at Kansas City, 8:30 p.m.
Columbus at Vancouver, 10 p.m.
San

[illegible]

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- Premium interior door trim • Overhead console
- Power sliding rear window

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RAM FACTS

- More pickup owners are switching to Ram 1500 than to any other pickup*
- Canada's Fastest Growing Choice of Light Duty Pickup°
- Most Awarded Ram Truck Ever
- Winner of Consumers Digest 2011 Best Buy Award
- Winner of *Automobile Magazine* "All Star" award 2 years in a row (2010 and 2011)
- HEMI® engine is a 6-time winner of *Ward's Automotive* "10 Best Engines"
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- Available Class-Exclusive in-floor storage bins²
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COMPARE — WITH THE — COMPETITION

	COMPARE — WITH THE — COMPETITION		
	RAM 1500 QUAD CAB SVT 4x4	CHEVROLET Silverado 1500 Extended Cab 4x4	FORD F150 SVT SuperCab 4x4
V8 ENGINE	✓	✓	✗
EXT. CAB WITH 4 FULL-SIZE DOORS	✓	✗	✗
SIRIUS® SATELLITE RADIO (1 YEAR NO-CHARGE SUBSCRIPTION)	✓	✗	✗
REAR STABILIZER BAR	✓	✗	✗
HD ENGINE COOLING	✓	✗	✗
LINK COIL REAR SUSPENSION	✓	✗	✗
POWER WINDOWS AND LOCKS	✓	✓	✗
4 & 7-PIN TRAILER TOW WIRING HARNESS	✓	✗	✗

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RamTruck.ca/Offers

GUTS - GLORY



RAM

Design

The brand new sheetmetal that has been sculpted for both Impreza sedan and wagon models does not extend to the Impreza-based (and rally-inspired) WRX/STI lineup, which were updated separately for the 2011 model year.

That being said, base Imprezas now feature the kind of bolder, broad-shouldered flared-fender styling that's similar to that of the WRX.

As well, the front and rear clip and sedan roofline are reminiscent of the larger Legacy.

Trim levels

Subaru will likely introduce no fewer than four distinct trim levels and bulk up the base version with air conditioning, tilt/telescoping steering wheel, remote keyless entry plus the usual power-operated controls.

From there the sky's the limit, topping out with the Limited wagon model with leather seats, unique 17-inch alloy wheels and a premium audio package, to name just a few of the potential highlights.

Engine

The Impreza's engine displaces 2.0 litres and generates 148 horsepower. Compare that with the previous model's 170-horsepower 2.5-litre four-cylinder. Despite the engine's obvious drop in power, Subaru claims that the 2.0 will still provide lively performance due to reduced vehicle weight.

The biggest improvement, though, is the anticipated 30-per-cent improvement in overall fuel economy, estimated to be 8.7 l/100 km in the city and 6.5 on the highway. This is competitive with the class leaders, despite the fact that the Impreza is all-wheel-drive.



► Fuel economy might be up by a projected 30 per cent, but that comes at the expense of power. The new 2.0-litre four-cylinder makes 148 horsepower, while the outgoing 2.5 made 170. However, that seems like a more-than-fair trade off.

A gas sipper that's AWD

MALCOLM GUNN
DRIVE@METRONWS.CA
WHEELBASE MEDIA

What? An all-wheel-drive vehicle that's easy on gas? Quite right.

Subaru's least expensive model has been treated to a major makeover and will emerge this fall as a genuine fuel-sipping compact.

Through good economic times and bad, the Japan-based automaker's sales chart consistently points upward as more buyers become convinced that all-wheel-drive is the way to go. For Subaru, this method of propulsion is quite literally the only way to go since it's standard on every vehicle the company sells.

But there's no time for

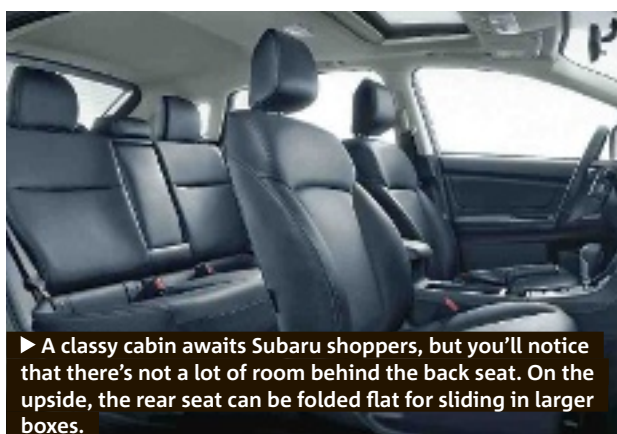
laurel-resting here.

Sure, the sales figures don't lie, but the fact is that while Subaru's Legacy sedan and its Outback and Forester wagons have been flying off the shelves, the Impreza's popularity has not been quite so dramatic.

The problems are twofold: the car's underwhelming styling combined with a powerplant that burns through more gasoline than most compact car shoppers are prepared to accept.

All that is about to change once the 2012 Impreza hits the streets.

A new look, pump-passing fuel economy, plus the advantage of all-wheel-drive should give the Impreza a shot of newfound popularity.



► A classy cabin awaits Subaru shoppers, but you'll notice that there's not a lot of room behind the back seat. On the upside, the rear seat can be folded flat for sliding in larger boxes.



► A look at the Impreza's dash.

Subaru Impreza



What you should know about the 2012 Subaru Impreza:

- **Types:** Four-door, all-wheel-drive compact sedan and wagon.
- **Engine (hp):** 2.0-litre DOHC H4 (148).
- **Transmission:** Five-speed manual; continuously variable (opt.).
- **Market position:** Subaru resolutely stands alone in equipping its entire North American vehicle lineup with all-wheel-drive. It's a position that has helped the automaker maintain steady sales growth.
- **Mileage:** L/100 km (city/hwy) 8.7/6.5 (est., CVT).

5 drive

By comparison

Ford Focus

Base price: \$17,600
All-new sedan and hatchback bring Euro styling to North American buyers.



Honda Civic

Base price: \$16,400
2012 coupe, sedan and hybrid models are now even more fuel-efficient.



Toyota Corolla

Base price: \$17,000
Solidly built model also has a reputation for excellent resale value.



WHEELBASE MEDIA



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Test your fuel knowledge

► Take this quiz to discover some useful tips to prolong the life of your engine and save you a few dollars at the pump

True or false?

1. All gasolines are the same.

2. Regular engine maintenance can help save you money on fuel.

3. Octane levels in fuel don't make a difference.

4. Tire pressure can affect the fuel-efficiency of your vehicle.

5. The faster you drive, the faster you burn fuel.

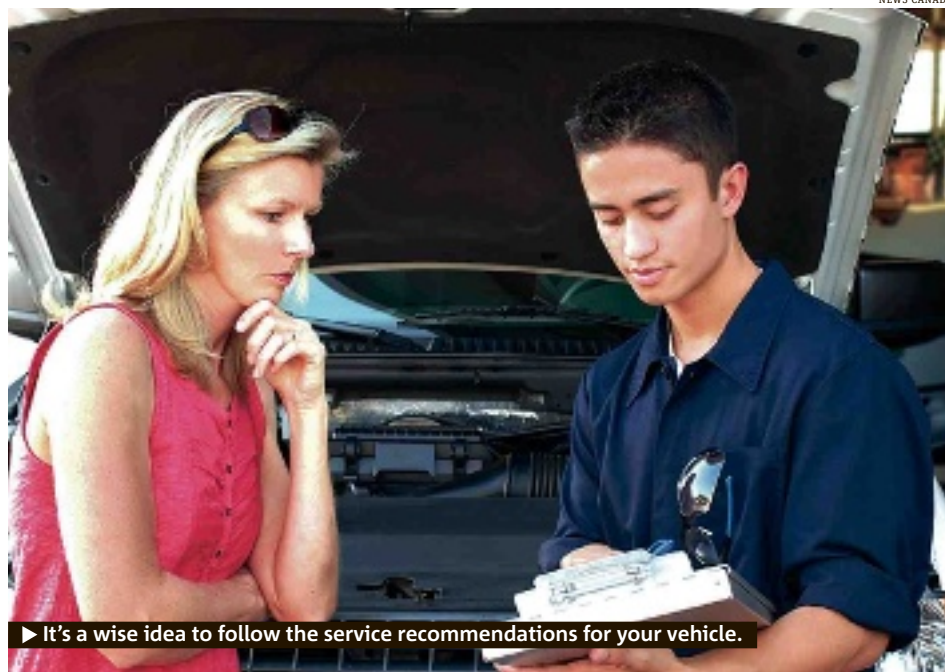
Answers:

1. False. "Gasoline choice plays a vital role in the cleanliness and performance of an engine," confirms Ken Mitchell, an engineer from Shell Canada.

"If you've been using a lower-quality gasoline, there may be build-up of 'engine gunk,' which can negatively affect engine performance.

Protecting your engine from gunk is as simple as using a high-quality gasoline, like all three grades of Shell Nitrogen Enriched Gasoline."

2. True. Regular servicing and following the service recommendations for your vehicle, such as



► It's a wise idea to follow the service recommendations for your vehicle.

changing the air filter, spark plugs, engine oil and other fluids ensure optimum performance and fuel efficiency.

A poorly maintained vehicle can boost fuel consumption by up to 15 per cent and increases emissions by even more.

3. False. When a lower octane fuel is used in an engine designed for higher octane, engine knocking may occur, causing the car

to shudder and lose performance. Using the right octane for your engine ensures maximum fuel economy and fewer emissions.

40%

Did you know that a well-maintained vehicle can improve fuel efficiency by up to 40 per cent?

4. True. Operating a vehicle with just one tire under-inflated by 8 psi (56 kPa) can increase vehicle fuel consumption by 4 per cent.

5. True. The faster you drive, the more wind resistance you'll encounter and the more fuel your vehicle will consume to maintain speed. Reducing your speed to 90 km/h from 110 km/h saves up to 20 per cent of your fuel. **NEWS CANADA**

Top Gear

ALL PHOTOS COURTESY OF WHEELBASE



1 It's not just the fancy new luxury cars that have strings of LEDs around the headlight housings. Thanks to Putco, you can buy LED Dayliners, which are application-specific and not generic. Pictured here is the new LED Dayliner for the 2009 and up Ford F-150. Here, a bright string of LED lights is embedded into a chromed-aluminum frame that sticks to the stock light housing with 3M-tape backing. Included is five feet of wiring to allow hookup to your low-beam headlights or daytime running lights. Applications also include the Chrysler 300, GMC Sierra, Dodge Ram, Chevrolet Camaro and Silverado. putco.com.

2 When it comes to cleaning your wheels, should you use a specific product for your wheel type, or an all-purpose cleaner? With Eagle One, the choice is yours. The company (part of Ashland Oil, the makers of Valvoline) produces a range of spray applicators for different types of wheels. For example, Mag Wheel cleaner will brighten up older-style wheels as well as chrome-plated surfaces, while Aluminum Wheel is an acid-free cleaner that's geared for polished aluminum wheels. eagleone.com.

WHEELBASE

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INDYCARS POWERED BY MASHED SUGARCANE

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MIKE GOETZ
DRIVE
@METRONEWS.CA

An IndyCar engine is a ferocious thing. It burns fuel at a voracious rate (about three mpg), belts out over 650 horsepower, and howls alarmingly, like a pack of coyotes high on Red Bull.

So it always seems a bit strange to contemplate that the fuel used to create this explosive fury is actually a very close cousin to apple cider.

In 2007, the IndyCar Se-

ries became the first major motorsports series to use ethanol as its fuel of choice.

As you can imagine, the racing fraternity is under pressure from society to go green ... or at least "greener."

Automobile racing is never going to be a totally benign environmental activity, especially a major international race, where lots of people get on planes, trains and automobiles to get to said race. But these are strange times. Times when a household might have two huge, honking SUVs in the garage, but also a composter in the backyard, and a solar panel on the roof.

Racing needs to be doing something green, and IndyCar's ethanol strategy, which aims to raise ethanol's profile, and the collective IQ about all things ethanol, is certainly a good and worthy initiative.

"We want to demon-

strate that you can run a high performance, high-speed racecar, under a fully-renewable alternative fuel source," was the message from IndyCar's senior technical director, Les MacTaggart, at last month's race in Iowa.

Initially the IndyCar Se-

ries used ethanol sourced from U.S. corn, and still does for the aptly named Iowa Corn Indy 250. But since the 2009 season the Series sources its ethanol for all other races from a Brazilian consortium, which makes the stuff from sugarcane.

In addition to its renewability, ethanol also burns somewhat cleaner than regular gasoline.

You've probably heard of E10 ethanol, which all regular cars can use (10 per cent ethanol and 90 per cent gasoline), and E85 ethanol, which flex-fuel vehicles can use (85 per cent ethanol, 15 per cent gasoline).

But the IndyCars use almost pure ethanol, called E98. The other two per cent is gasoline, and the only reason it's in there, is so some of you don't use the stuff to make ethanol martinis.

What a concept though — drinkable alcohol available at your local gas sta-

tion, via a high-speed nozzle?

I'm not saying we should do it, just that it would be an amazingly efficient way of getting alcohol to the masses.

NASCAR has followed IndyCar's ethanol lead, although with less gusto. This year is NASCAR's first for ethanol, and only with an E15 blend. Apparently, the good old boys of NASCAR needed more convincing that their racecars and the racing in general wouldn't be hampered in any way by ethanol's participation.

And so far it hasn't... NASCAR, like IndyCar, has remained joyfully loud, fast, and rambunctious.



► Believe it or not, this IndyCar, driven by Helio Castroneves during a practice run at last year's Toronto Honda Indy, is about to be filled with "green" fuel.

RELIVE YOUR FAVOURITE CANADIAN ROAD TRIP FOR A CHANCE TO WIN \$1,000 OF SHELL FUEL.

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► Paul Tracy's pit crew works on his car during a practice session at last year's Toronto Honda Indy.

Improving society improves road safety

Living in a tight-knit community has several advantages, but here's one you may not have considered: you're less likely to be killed in a car crash.

It's a benefit of "social capital," according to Matthew Nagler, associate professor of economics at the City College of New York, who says that public policies that strengthen communities could reduce traffic deaths.

"Social capital describes

DRIVING FORCE

JIL MCINTOSH
DRIVE@METRONEWS.CA

the strength of connections that people have with each other in a community," Dr. Nagler says.

"It's connected with a number of important outcomes, such as health, lower rates of teen

pregnancies, drugs and alcohol, and economic prosperity. It's like (monetary) capital but with people invested in the community."

The idea started in 2000 with an article in a French newspaper.

"The piece said that we in France are just disastrous, people have no tolerance, we cut each other off, we're rude to each other and we have a lot of fatalities, but people are more courteous in Scandinavia

and have a lower rate of fatalities," Dr. Nagler says.

While the article was simply an opinion piece, it caught the eye of John Heliwell, a professor at the University of British Columbia, who did a short study and found fewer traffic fatalities in countries where survey respondents said other people could be trusted.

Dr. Nagler took this study to the next step.

He used over 10 years of data from 48 U.S. states, ac-

counting for variables such as alcohol consumption and driver age.

He found that, in states and in years with higher levels of social capital, there are lower rates of traffic incidents.

"It largely has to do with courtesy and the way people behave when they feel they can trust other people on the road," Dr. Nagler says.

"If drivers feel that they relate more to other peo-

ple, they'll yield at intersections, they'll wave, they'll be more polite, and that translates into greater safety. If you don't trust other drivers, you're more likely to cut them off, speed up and try to get to an intersection first, and you'll see higher rates of accidents.

"I'm able to conclusively argue that it's not just a correlation, but it really is the degree of social capital that is responsible for the safety outcomes."

In search of safety? Look no further

► **XC90 3.2 should prove cheapest to run as a used SUV buy**

SECOND GEAR



JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

What's the 4-1-1

► **Model:** 2003 to 2010 Volvo XC90
► **Vehicle type:** SUV

The XC90 was Volvo's shot at machines like the Mercedes ML, Audi Q7 and Acura MDX. A premium four-wheel drive SUV, it boasted uniquely rugged styling, available V8 power, and a long-lived reputation for safety and occupant protection.

At launch in 2003, two turbocharged engines were available — namely a 2.5-litre turbo five-cylinder engine with 208 horsepower, or a 2.9-litre turbocharged straight six with 268. Look for a five-speed automatic

and AWD with both engines.

A 3.2-litre straight-six with 235 horsepower was also available in later years, fitted with a six-speed automatic, and a 4.4-litre, 311-horsepower V8 engine was added to the lineup later in the XC90's life.

Look for the XC90 in five or seven-seat configurations, and with features like heated leather, premium audio, a sunroof, self-dimming rearview mirror, keyless engine start, heated mirrors, bi-xenon lights and



► 2009 Volvo XC90 V8 R-Design

plenty more.

What Owners Like

XC90 owners typically rave about sport-sedan road manners, smooth and refined performance, and a safe and stable road feel with plenty of traction in virtually any condition.

Performance with the V8 engine is also highly rated.

Common Issues

Start your XC90 test drive with an inspection of the interior, ensuring all elec-

tronics work as expected, and that no trim pieces are missing or broken. Check for proper operation from the stereo and climate control system.

A full check-over by a Volvo-trained mechanic is also advised. Have said mechanic check for excessive tire and brake wear, the condition of the suspension system, and for any fluid leaks from the engine, transmission, transfer case

or differentials.

Note that well-documented transmission failure issues with the T6-powered models should be considered when shopping for a used XC90. Where possible, avoid a used XC90 with the T6 engine.

Higher-mileage turbocharged XC90s should be checked for turbocharger condition by a mechanic or mechanically-inclined

friend. A turbocharger replacement will run into the thousands of dollars, so avoid any XC90 that smokes at startup or under hard acceleration, and be sure to check inside the "charge pipe" coming out of the turbocharger for pooling oil. Where maintenance is concerned, the XC90's naturally-aspirated 3.2-litre engine will likely be the cheapest to run.

The Verdict

Comfort, styling, capability and safety will be the most compelling reasons to check out an XC90 as a used buy. Major issues are well documented, and shoppers avoiding the T6-powered model can likely expect a relatively affordable used premium SUV ownership experience.



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Check out Justin's video car reviews online at youtube.com/mr2pritch.

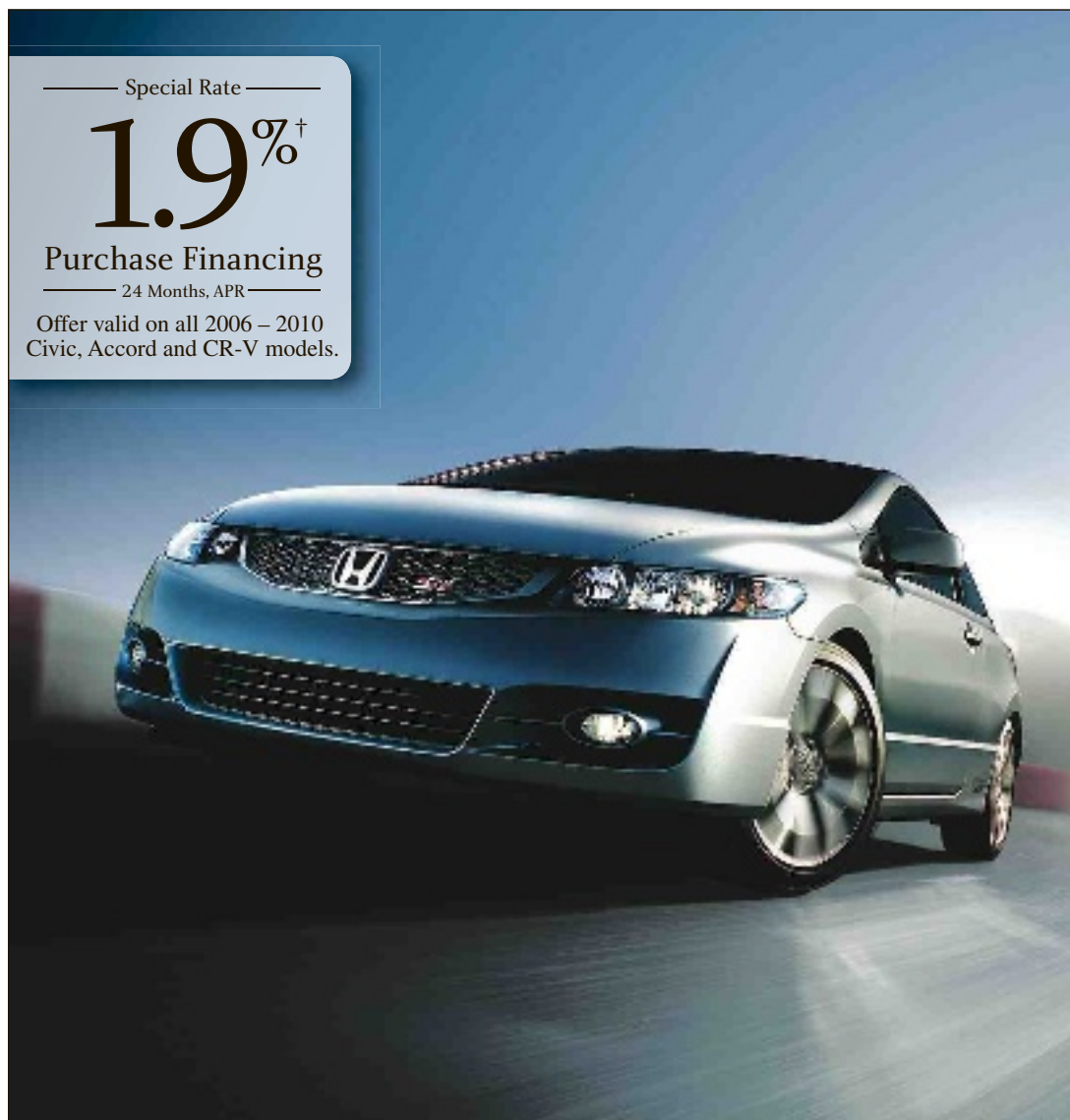
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[†]Limited time financing offer on all Honda Certified Used Civics available through Honda Financial Services, on approved credit. Offer only available up to 24 months on Honda Certified Used Honda Civic, Accord and CR-V models (2006–2010 model years). Finance example based on 2008 Honda Civic model: \$10,000 at 1.9% per annum equals \$424.96 per month for 24 months. Cost of borrowing is \$199.04 for a total obligation of \$10,199.04. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Offer expires May 31, 2011.

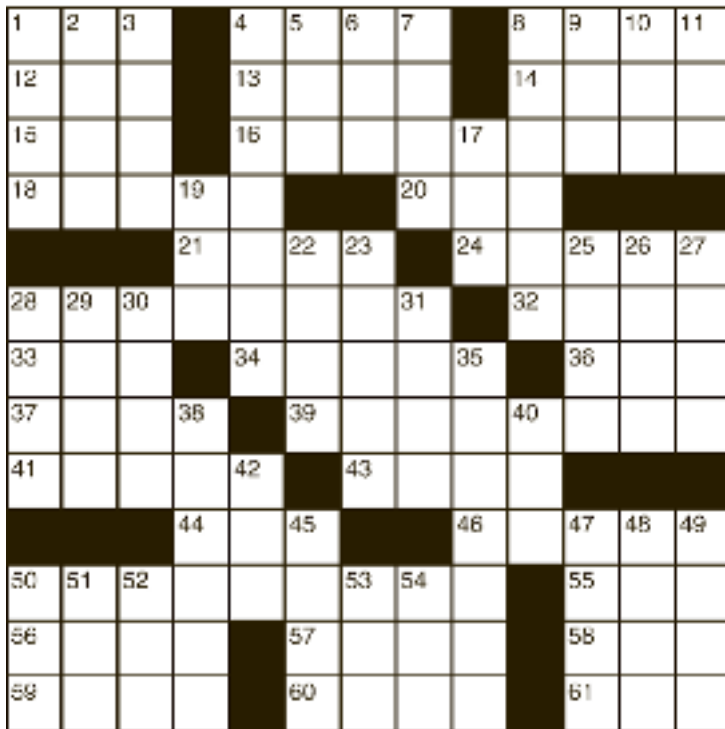
Crossword

Across

1 Go up and down
4 Gulf War missile
8 Mop the decks
12 Beerlike brew
13 Architect Saarinen
14 "Yo- — and a ..."
15 Shelter
16 Sinatra classic
18 Decorator's theme
20 "A mouse!"
21 Castle protection
24 Mediterranean sailing ship
28 One's hands and knees
32 Limping
33 Conk out
34 Loses moisture
36 Auction offer
37 Colorless
39 Sane
41 "— alive!"
43 Zhivago's love
44 Dandy
46 Standard
50 "Get on the train!"
55 Crafty
56 Rind
57 Queue
58 Id counterpart
59 List-ending abbr.
60 Exam format
61 Novelist Brown

Down

1 Soothing ointment
2 Margarine
3 Borscht veggie
4 Red Lobster specialty
5 Animation frame
6 Web address



7 Be too fond
8 Israeli money
9 "Holy mackerell!"
10 "Eureka!"
11 Lad
17 Whammy
19 Global currency org.
22 Emanation
23 Vibrato
25 Infant
26 Eastern potentate
27 Relinquish
28 Does arithmetic
29 Old Italian coin
30 Secrecy thwarter
31 Actress Ward
35 Fruit pastry
38 Happen to
40 Owns
42 Weep loudly
45 Ralph Lauren label
47 Secondhand
48 Bit of plankton
49 Rhone city
50 Mimic
51 Allow
52 Meadow
53 Melody
54 Genetic stuff

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

4	7	2	5	9	1	6	3	8
8	5	1	2	8	3	9	7	4
3	8	9	7	6	4	5	2	1
5	8	4	1	7	2	6	6	3
1	2	6	9	3	8	7	4	5
7	3	8	6	4	5	2	1	9
8	1	5	3	2	7	4	9	6
9	4	7	8	1	6	3	5	2
2	6	3	4	5	9	1	8	7

Today

25°/14°
 Thundershowers
 70%

Thursday

25°/13°
 Sunny

You have voted us #1 for best forecasts on TV. Thank you Canada!
 ©The Weather Network 2011

Today's horoscope

♈ Aries March 21-April 20
Others must be made to understand that you won't always be there to catch them when they fall.
♉ Taurus April 21-May 21 If you say bad things about someone today, you will regret it tomorrow.
♊ Gemini May 22-June 21 If you discover something about a friend that could be embarrassing, make sure you keep it to yourself.
♋ Cancer June 22-July 22 Think before you act today — then think again to make sure you are not fooling yourself.

♌ Leo July 23-Aug. 23 Today, more than most days, you will have to lead from the front. As always, you will do it so well.
♍ Virgo Aug. 24-Sept. 22 It may be easy to find fault with people. But today, give partners and colleagues the benefit of the doubt.
♎ Libra Sept. 23-Oct. 23 You may think you have to be decisive, but even a Libra is entitled to a day off.
♏ Scorpio Oct. 24-Nov. 22 What you think of as serious today won't seem remotely important tomorrow, so don't get worked up.

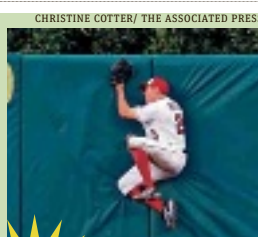
For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21
Make sure you got your finger on the pulse and move with the times.
♑ Capricorn Dec. 22-Jan. 20
You may be feeling down but that's perfectly natural. The next 24 hours will bring some cheerful news.
♒ Aquarius Jan. 21-Feb. 18
Let partners and loved ones know how much they mean. You're good with words and that'll be enough.
♓ Pisces Feb. 19-March 20
You don't give up easily so don't let someone talk you out of project too soon. **● SALLY BROMPTON**

Caption contest



"Uh oh,
we've got a duck
jam!"
RAQUEL



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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